

May 2024

Transylvania County Schools

Pre-K Menus

Monday

Did you know?

Cinco de Mayo ("The Fifth of May") celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862.

Tuesday

Wednesday

Thursday

Friday

6
Breakfast: Breakfast Bread, WG, Fresh Fruit, Milk
Lunch: Pizza, WG, Garden Salad, Diced Peaches, Milk
Snack: Yogurt & Giant Goldfish, WG

7
Breakfast: Chicken Biscuit, Applesauce Cup & Milk
Lunch: Taco Tuesday! Golden Corn, Fresh Fruit, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

8
Breakfast: Pancakes, WG, NC Sliced Apples, Milk
Lunch: Mandarin Chicken, Brown Rice, Steamed Broccoli, Applesauce, Milk
Snack: Snack Crackers, WG 100% Fruit Juice

9
Breakfast: Cinnamon Roll, WG, Fruit Cup, Milk
Lunch: Chicken Alfredo Breadstick, WG, Green Peas, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

10
Breakfast: Sausage Bites, WG, Orange Cup, Milk
Lunch: Steak Burger, WG, French Fries, Cherry Crisp, Milk
Snack: Pretzels, WG & Cheese Stick

13
Breakfast: Cereal, WG, Fresh Fruit, Milk
Lunch: Pizza, WG, Garden Salad, Diced Pears, Milk
Snack: Yogurt & Giant Goldfish, WG

14
Breakfast: Sausage Biscuit, Applesauce Cup & Milk
Lunch: Nachos, WG, Golden Corn, Fresh Fruit, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

15
Breakfast: Super Donut, WG, NC Sliced Apples, Milk
Lunch: Chicken & Waffle, WG, Green Beans, Applesauce, Milk
Snack: Snack Crackers, WG 100% Fruit Juice

16
Breakfast: Waffles, WG, Fruit Cup, Milk
Lunch: Pasta w/ Meat Sauce, Breadstick, WG, Green Peas, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

17
Breakfast: Cinnamon Toast, WG, Orange Cup, Milk
Lunch: Mini Corndogs, WG, Baked Beans, Strawberries, Milk
Snack: Pretzels, WG & Cheese Stick

20
Breakfast: Breakfast Bread, WG, Fresh Fruit, Milk
Lunch: Pizza, WG, Garden Salad, Diced Peaches, Milk
Snack: Yogurt & Giant Goldfish, WG

21
Breakfast: Chicken Biscuit, Applesauce Cup & Milk
Lunch: Taco Tuesday! Golden Corn, Fresh Fruit, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

22
Breakfast: Pancakes, WG, NC Sliced Apples, Milk
Lunch: Chicken Sandwich, WG, Green Peas, Applesauce, Milk
Snack: Snack Crackers, WG 100% Fruit Juice

23
Breakfast: Cinnamon Roll, WG, Fruit Cup, Milk
Lunch: Breaded Pork Chop w/ Country Style Gravy, Biscuit Mashed Potato w/ Gravy, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

24
Breakfast: Sausage Bites, WG, Orange Cup, Milk
Lunch: Mac & Cheese, Breadstick, WG, Green Beans, Cherry Crisp, Milk
Snack: Pretzels, WG & Cheese Stick

27
Memorial Day

28
Breakfast: Cereal, WG, Fresh Fruit, Milk
Lunch: Pizza, WG, Green Beans, Diced Peaches, Milk
Snack: Yogurt & Giant Goldfish, WG

29
Breakfast: Super Donut, WG, NC Sliced Apples, Milk
Lunch: Beef Teriyaki w/ Brown Rice, Carrot Coins, Applesauce, Milk
Snack: Snack Crackers, WG & 100% Fruit Juice

30
Breakfast: Waffles, WG, Fruit Cup, Milk
Lunch: Chicken Chunks, Southern Style Biscuit, Mashed Potato w/ Gravy, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

31
Breakfast: Cinnamon Toast, WG, Orange Cup, Milk
Lunch: Manager's Choice
Manager's will advertise this menu in the cafeteria
Snack: Pretzels, WG & Cheese Stick

Breakfast

Breakfast is served daily in the classroom.

Breakfast consists of 1-2oz Grains, ½ cup fruit and 8oz 1% Unflavored Milk.

Lunch

Lunch is served daily in the classroom.

Lunch consists of 2 oz Meat/Meat Alternative, 2 oz Whole Grains, ½ cup vegetable, ½ cup fruit and 8oz, 1% Unflavored Milk.

Additional Weekly Entrée Options

Deli Sandwich
Peanut Butter & Jelly Sandwich
Yogurt Plates

Snack

Snack is served daily in the classroom.

Snack consists of 2 items

4/02/2024

This institution is an equal opportunity provider.